



**RISE COMBAT SPORTS LLC**  
 7131 E.TANQUE VERDE RD.  
 TUCSON, AZ 85715  
 WWW.RISECOMBATSPORTS.COM

## Class Schedule (effective Sept 17<sup>th</sup>, 2012)

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>6:00-7:00am</b>	Muay Thai	Boxing	Muay Thai	Boxing	Muay Thai
<b>Noon-1:00pm</b>		Muay Thai		Muay Thai	
<b>4:00-4:45pm</b>	Little Warriors 7-10yrs		Pee Wees 4-6yrs	Little Warriors 7-10yrs	
<b>4:30-5:15pm</b>		Jr. Grapplers 11-13yrs			Jr. Grapplers 11-13yrs
<b>5:30-6:30pm</b>	Boxing	Muay Thai	Boxing	Muay Thai	Boxing
<b>6:00-7:pm</b>	Womens Muay Thai			Womens Muay Thai	
<b>6:30-7:30pm</b>	Muay Thai	Boxing	Muay Thai	Boxing	Muay Thai
<b>7:30-9pm</b>	BJJ (Gi)	MMA (no Gi)	BJJ (Gi)	MMA (no GI)	BJJ (GI)
<b>7:30-9pm</b>		Fighter Training		Fighter Training	

	Saturday
<b>9:00-9:30am</b>	Pee Wees 4-6yrs
<b>9:30-10:15am</b>	Little Warriors 7-10yrs
<b>10:15-11:00am</b>	Jr. Grapplers 11-13yrs
<b>11:00-12:00pm</b>	Muay Thai
<b>Noon-1:00pm</b>	Boxing
<b>1:00-2:30pm</b>	BJJ

**Gym Hours**  
**Monday-Friday 5:45am-9pm**  
**Saturday 8:45am-3pm**  
**Sunday Closed**

\*members are welcome to use the gym anytime during business hours.